

## AREAS OF EXPERTISE

*Supervision of family therapy & individual therapy*

*Cognitive behavioral practice*

*Family Systems coaching*

*LGBTQ*

*Sexual/physical/emotional abuse treatment of survivors*

*Teaching Therapist Own Family Systems workshop*

*12 step and mindfulness coaching*

*Post Traumatic Stress Disorder*

*Couples counseling*

*Life coaching*

*Interviewing*

*Evaluations*

*Short term treatment planning*

*Directive approaches*

*Crisis intervention*

*Advocacy*

## PROFESSIONAL AFFILIATIONS

*NASW*

*BCD*

*Phoenix Rising, Bristol, Vermont*

## PERSONAL SKILLS

*Reliability*

*Presence of mind*

# Frances Aquino, LCSW, BCD

## PERSONAL SUMMARY

A hardworking, loyal, conscientious and dedicated social worker with extensive knowledge offering rehabilitation and guidance to individuals and families. Having a proven ability to engage and maintain consistency in treatment whilst retaining an objective and realistic approach to treatment and therapy. Comfortable working and communicating with people from all backgrounds and having experience with trauma, abuse, addiction, depression, couples conflict, parent coaching, child-parent conflicts, and issues of all kinds from a systemic perspective.

## WORK EXPERIENCE

**1983 – 2012** Private practice specializing in individuals, couples, grandparent-parent-child relationship issues. This involves coordination and consultations with the community at large.

**1982 – 1986** Faculty & Staff Member  
Center for Family Learning, New Rochelle, NY  
A postgraduate training institute in family therapy accredited by the State University of New York.

Responsibilities included the conducting of seminars, workshops, individual and group supervision in family systems theory and therapy in addition to program planning, public speaking, writing and research, and clinical service.

**1983 – 1984** Faculty & Member  
Institute for Mental Health Education, Englewood, NJ

Responsibilities included the teaching and supervision of family therapy theory and practice.

**1980 – 1983** Medical Crisis Intervention  
St. Joseph Medical Center, Yonkers, NY

Responsibilities included short-term treatment of individuals and their families as well as crisis intervention in the ER; worked closely with a nurse run discharge planning team.

